

Have you ever grown your own food?

- a. Yes, my garden is my main source of vegetables.
- b. Yes, I plant a few herbs or other edibles.
- c. No

Where do you shop for your food?

- a. local grocery store
- b. local wholesale store
- c. online delivery service
- d. specialty markets
- e. farmer's market

How many times do you go to the grocery store a week?

- a. once
- b. twice
- c. three or more times

How much of your food is fresh, and how much of it is packaged?

- a. almost all fresh
- b. half fresh, half packaged
- c. mostly packaged

Do you buy organic foods?

- a. Yes, I buy organic fresh and packaged foods.
- b. Yes, I buy organic fresh foods such as vegetables.
- c. Yes, I buy organic packaged foods.
- d. No, I don't buy organic.